

The Gardens ICE HOUSE

Where skating's always in season.

13800 Old Gunpowder Road, Laurel, Maryland 20707. Washington: (301) 953-0100. Baltimore: (410) 792-4947. Fax: (301) 490-3667. www.thegardensicehouse.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>FOR INFORMATION: Public Sessions Information, 301-953-0100, press #2. Figure Skating, 301-953-0100, ex. 110. The Gardens Figure Skating Club, Ted Keaton 301-953-0100, ex. 250. Youth Hockey, Nelson Hockey 301-953-0200. Maryland Speed Skaters, 410-817-4084. Adult Hockey, 301-953-0100, ex. 108; Women's Hockey, Chesapeake Bay Lightning 301-870-9754. Inline Hockey, ex. 108. Party & Meeting Coordinator, ex. 102. Ice Rental, Tom Hendrix, ex. 100. Player Development Office, Steve Malley, 301-953-0100. "For Sports" Pro Shop, 410-792-0600 or 301-604-8200. Wellness-For-Life Fitness Center, 301-498-6200. Ice Breakers Cafe, 301-483-0195. Elite Hockey Training, Mike Hendrix, 301-604-8200.</i></p>						
<p>5 Public Session 1:50-3:50pm Sundays@WFL: 8:30a RPM 9:30a BodyFlow Happy Birthday Stephan Forden Skate the daily Freestyle Sessions New Curling Season begins. Good Luck!</p>	<p>6 Public Sessions 11:20-1:10pm, 8:10-9:30pm Pickup Hockey 11:00-1:00 Stick&Puck Supreme Court Session begins Mondays@WFL: 8:30a BodyPump 10a, 12p, 6:30p RPM 6:30p BodyFlow</p>	<p>7 Public Session 11:20-1:10pm Pickup Hockey 11-12:50pm Tuesdays@WFL: 5:30a, 7p RPM 6:30a Core Conditioning 6:30p BodyPump Skate the daily Freestyle Sessions</p>	<p>8 Positive Attitude Month Public Session 11:20-1:10pm Pickup Hockey 6-8am, 10:30-12:30pm (50 years+) 1932: Babe Ruth calls his homer against Chicago Cubs Wednesdays@WFL: 5:30a BodyPump; 7:30a, 7p RPM; 8:30a, 6:30p BodyFlow Happy Birthday Carolyn Russell</p>	<p>9 Public Session 11:20-1:10pm Pickup Hockey 11-12:50pm Thursdays@WFL: 5:30a, 12p, 6:30p RPM 8:30a Get On The Ball 6:30p BodyStep Happy Birthday Erin Kali-Edgar</p>	<p>10 World Smile Day Public Sessions 11:20-1:10pm, 7:50-9:50pm Pickup Hockey 6-8am, 11-1pm Stick&Puck, 9-10:30pm 7:00pm: South Atlantic send-off Fridays@WFL: 5:30a, 8a BodyPump; 12p RPM; 6:30p BodyFlow</p>	<p>Public Sessions 1-3pm, 4 8:10-10:10pm Pickup Hockey 6-7:50am Fighting Falcons begin play Saturdays@WFL: 8:15a BodyPump 9:30a, 11a RPM 4-7p: President's Reception at Curling Center Happy Birthday Luc Zusan</p>
<p>12 3pm: Curling Club Open House Sundays@WFL: 8:30a RPM 9:30a BodyFlow Skate the daily Freestyle Sessions</p>	<p>13 Columbus Day observed 1792: White House cornerstone laid. 1814 restored after burned by British, oldest building in DC. Mondays@WFL: 8:30a BodyPump 10a, 12p, 6:30p RPM 6:30p BodyFlow</p>	<p>14 Happy Birthday Kevin Klimczak Tuesdays@WFL: 5:30a, 7p RPM 6:30a Core Conditioning 6:30p BodyPump Skate the daily Freestyle Sessions</p>	<p>15 Wednesdays@WFL: 5:30a BodyPump 7:30a, 7p RPM 8:30a, 6:30p BodyFlow Happy Birthday Sydney Braithwaite, D.J. Bennett Skate the daily Freestyle Sessions</p>	<p>16 World Food Day Public Session 11:20-1:10pm Pickup Hockey 11-12:50pm 16-19: Inaugural Bonspiel at Curling Center Happy Birthday Davonne Hopkins Skate the daily Freestyle Sessions</p>	<p>17 Public Sessions 11:20-1:10pm, 7:50-9:50pm Pickup Hockey 6-8am, 11-1pm Stick&Puck, 9-10:30pm Fridays@WFL: 5:30a, 8a BodyPump 12p RPM 6:30p BodyFlow</p>	<p>Public Sessions 1-3pm, 18 8:10-10:10pm Pickup Hockey 6-7:50am 1st day Series 9 Learn-To-Skate Saturdays@WFL: 8:15a BodyPump 9:30a, 11a RPM Happy Birthday Margaret Williams</p>
<p>19 Sundays@WFL: 8:30a RPM 9:30a BodyFlow Skate the daily Freestyle Sessions Happy Birthday Gilbert Xue</p>	<p>20 1st day Series 9 Learn-To-Skate Mondays@WFL: 8:30a BodyPump 10a, 12p, 6:30p RPM 6:30p BodyFlow Skate the daily Freestyle Sessions</p>	<p>21 Tuesdays@WFL: 5:30a, 7p RPM 6:30a Core Conditioning 6:30p BodyPump Skate the daily Freestyle Sessions</p>	<p>22 Cuban Missile Crisis Wednesdays@WFL: 5:30a BodyPump 7:30a, 7p RPM 8:30a, 6:30p BodyFlow Skate the daily Freestyle Sessions</p>	<p>23 Public Session 11:20-1:10pm Pickup Hockey 11-12:50pm 6:30-9:30pm: Learn to curl@Curling Center Skate the daily Freestyle Sessions</p>	<p>24 Public Sessions 11:20-1:10pm, 7:50-9:50pm Pickup Hockey 6-8am, 11-1pm Stick&Puck, 9-10:30pm 24-26: Breeders Cup Thoroughbred Championships Fridays@WFL: 5:30a, 8a BodyPump; 12p RPM; 6:30p BodyFlow Happy Birthday John Hilliard</p>	<p>Public Sessions 1-3pm, 25 8:10-10:10pm Pickup Hockey 6-7:50am 12-3pm: Learn to curl@Curling Center Saturdays@WFL: 8:15a BodyPump 9:30a, 11a RPM Happy Birthday James Sheridan, Eric Winik</p>
<p>26 11-12pm: Learn to curl@Curling Center Sundays@WFL: 8:30a RPM 9:30a BodyFlow Happy Birthday James Lindsay, Sundi Myint, Dot Zukor Skate the daily Freestyle Sessions</p>	<p>27 Mondays@WFL: 8:30a BodyPump 10a, 12p, 6:30p RPM 6:30p BodyFlow Skate the daily Freestyle Sessions</p>	<p>28 Tuesdays@WFL: 5:30a, 7p RPM 6:30a Core Conditioning 6:30p BodyPump Skate the daily Freestyle Sessions</p>	<p>29 Wednesdays@WFL: 5:30a BodyPump 7:30a, 7p RPM 8:30a, 6:30p BodyFlow Skate the daily Freestyle Sessions Happy Birthday Daniel Rall</p>	<p>30 Public Session 11:20-1:10pm Pickup Hockey 11-12:50pm Skate the daily Freestyle Sessions</p>	<p>31 Public Sessions 11:20-1:10pm, 7:50-9:50pm Pickup Hockey 6-8am, 11-1pm Stick&Puck, 9-10:30pm Fridays@WFL: 5:30a, 8a BodyPump; 12p RPM; 6:30p BodyFlow Happy Birthday Jamie Angelaras</p>	<p><i>PUBLIC SESSIONS: M 11:20-1:10pm, 8:10-9:30pm; Tu-Th 11:20-1:10pm; F 11:20-1:10pm, 7:50- 9:50pm; Sa 1:00-3:00pm, 8:10-10:10pm; Su 1:50-3:50pm PICKUP HOCKEY: M 11:00-1:00 Stick & Puck; Tu 11:00- 12:50pm; W 6:00-8:00am, 10:30- 12:30pm (50 years+); Th 11:00- 12:50am; F 6:00-8:00am, 11:00-1:00pm Stick & Puck, 9:00-10:30pm; Sa 6:00- 7:50a Adult Clinic w/Elite Hockey, 10:30-12:00am</i></p>